

**CHARITY NO. SC047324**



# Impact Report

**"Being a mentor has reinforced how little things make a big difference."  
If you can spare 2 hours each month.. ask us about becoming a mentor for P.Y.T.**

## **OUR VISION**

Our vision is that Peeblesshire Youth Trust will nurture, support, engage and encourage 10-14 year olds throughout Tweeddale to build resilience and help to achieve their potential. We will support our young people to develop good relationships with peers and families and to make a positive impact in their community. We are unique in providing individual mentoring alongside a range of other confidence-building activities to young people in our community.

## **OUR PROGRAMMES**

- Our award winning 7 week Achieve Your Potential workshops with Primary 6 pupils
- 1-to-1 mentoring
- Group activities for all young people supported by PYT
- A.T.P Advanced Transition Programme for P7 to S1 High School
- S6 Buddy system for PHS S1 pupils

## **OUR IMPACT & OUTCOMES**

"E's confidence has improved since attending. She is more confident with talking and having lots of detailed conversations." (Parent)  
"He now feels a sense of pride." (Parent)  
"Without the sessions, C's transition would have been awful.....for that, we will be forever grateful." (Parent)  
90% of parents stated they would contact PYT for future support with their child.

# OUR STRATEGIC OBJECTIVES



**BUILD RESILIENCE .** Address key themes from Curriculum for Excellence in workshops

## **FORM RELATIONSHIPS**



- Goal setting with mentors
- Help young people to build positive relationships with family and peers
- Work within schools to nurture young people, helping them to aim for positive destinations

"He's been more confident in new situations and with new people." (Parent)

"Always happier on a Friday after he attended (PYT)." (Parent)

100% of children showed an improvement in positive body language.

96% of children showed improved eye contact.

100% showed improvement in their interactions with peers and with adults.

## **ENGAGE COMMUNITY**



- Equip young people to be valued in the community
- Provide Christmas hampers to local families
- Build relationships with local partners including schools

"Working with PYT has created a beneficial mix of youth work and teacher-led approaches which pupils respond very positively to" (Teacher)

## SOME OF OUR ACHIEVEMENTS

110 YOUNG PEOPLE SUPPORTED

750 VOLUNTEER HOURS

75 VOLUNTEERS

110 HAMPERS DELIVERED TO FAMILIES

## SOME OF OUR COLLABORATIONS

### PARTNERS

Tweeddale Primary Schools  
Peebles High School  
Community Learning and Development  
Peeblesshire Foodbank  
Peebles & District Round Table

### NETWORKS

Peebles Youth Voice  
Tweeddale Community Partnership  
Tweeddale Volunteers  
Scottish Mentoring Network  
Youth Borders / Youth Scotland

**A huge THANK YOU to ALL our donors and volunteers**